

# Changing Your Default Data Source for Graphs

The screenshot shows the Quantextual dashboard for user Richard Ellis. The main menu on the left has the 'Body Measurements' tab highlighted with a red circle. The dashboard content shows a 'My Health' graph with a yellow circle on the 'Very Good' level and a red dot on the 'Excellent' level. Below the graph are sections for 'Height & Weight' and 'Blood Pressure'.

Click on the **Body Measurements** tab in the Main Menu

The screenshot shows the Quantextual dashboard with the 'Body Measurements' tab selected in the main menu. A sub-menu is open, and the 'Steps' category is highlighted with a red circle. The dashboard content remains the same as in the previous screenshot, showing the 'My Health' graph and 'Height & Weight' and 'Blood Pressure' sections.

Next, click on the category you want to see. **Steps**, for example.

# Changing Your Default Data Source for Graphs

The screenshot shows the Quantextual interface for the 'Steps' screen. The user is Richard Ellis. The 'Steps' menu item is highlighted in the left sidebar. The 'Choose Source' dropdown menu is open, showing 'Manual' as the selected option. The main content area displays a calendar for November 2016 and a message: 'Steps Graph Data Not Available'. Below the calendar, it says 'Commuter | 11 Nov, 2016' and 'Sorry no record found.' At the bottom, it says 'Total number of steps travelled so far : No Data'.

The screenshot shows the Quantextual interface for the 'Steps' screen. The user is Richard Ellis. The 'Steps' menu item is highlighted in the left sidebar. The 'Choose Source' dropdown menu is open, showing a list of options: 'Manual', 'Select Source', 'Manual', 'Google Fit', 'Apple Health', 'Moves App', and 'Fitbit'. The 'Manual' option is selected. The main content area displays a calendar for November 2016 and a message: 'Steps Graph Data Not Available'. Below the calendar, it says 'Commuter | 11 Nov, 2016' and 'Sorry no record found.' At the bottom, it says 'Total number of steps travelled so far : No Data'.

Your **Steps** screen displays so you can view your steps graph and details. Initially, the default source for all graphs is set to “Manual” entry. To change your selection, click on the drop down menu beside “Choose Source.”

Click on your selection from the list of your connected options.